

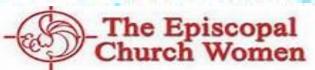


SUNDAYS 1030 AM ALL ARE WELCOME

June Events Review

Past-Present-Future

Celebrating Achievement



The Episcopal Scholarship Awards Church Women





St. Titus' is a diverse and growing community committed to walking with Christ by serving others, pursuing justice and welcoming all.



Parish Achievement Day Graduates, Honorees and Families.



The Episcopal Lex Mathews Church Women Scholarship Awards



Robyn Furges Completing BS Chemistry & Applied Health at Virginia Commonwealth University \$2000



Lauren Norton seeking license for Spiritual Director at NC Institute of Spiritual Direction and Formation \$2000

About the Lex Mathews Scholarship Fund

The Lex Mathews Scholarship Fund for Women is an effort to assist women who need further education to enter or re-enter the workforce.

It began in 1985, as an original idea from Abbie Penwell, archivist, St. Michael's, Raleigh. The Lex Mathews Scholarship Fund is a tribute to the ministry and memory of The Rev. Lex Mathews, Director of Christian Social Ministries, Diocese of North Carolina, for 11 years before his death in 1985. He was instrumental in establishing the Diocesan Commission on Women's Issues, and was enthusiastic about developing a scholarship fund for women.



The Rev. Lex Mathews, director of Christian social ministries for the Diocese of North Carolina, 1975-1985. Photo from the archives of the Diocese of North Carolina.

SCHOLARSHIP APPLICATION INFORMATION

THE SCHOLARSHIP FUND

The Fund was established to provide educational opportunities for women who have been in the work force or who need to upgrade their skills or education to advance their career opportunities.

Scholarships range from \$500 to \$2000 depending upon the funds available each year.

THE APPLICANT

- The applicant must be a woman 23 years of age or older.
- She must be a resident within the boundaries of the Diocese of North Carolina.
- She has a chosen field of study or plan for continued education.
- She must demonstrate financial need.
- · Seminary students are not eligible.

THE APPLICANT SHOULD BE SEEKING

- Specialized training in a vocation or technical school, community college OR
- A degree of certification below the master's level at a college or university OR
- Continuing education courses for upgrading job skills either in an educational institution or special training agency.

THE APPLICATION

- The application may be obtained from any Episcopal church or online at: www.ecw-nc.org
- For an application to be complete, several documents are required:
 - Completed application form including the budget sheet and program acceptance
 - A personal statement describing applicant's goals and plans to achieve the goals
 - A letter of recommendation from the applicant's rector or an Episcopal sponsor
 - Two letters of reference from people who are not related to the applicant
- The completed application with these documents must be submitted each year between March 15 and December 15
- Letters of support can be mailed directly to the Scholarship Coordinator.
- The application with the completed forms and documents should be emailed to:
- Barbara Longmire -1818 Hideaway Lane- Durham, NC 27712 lexmathews@ecwnc.org
- There are no exceptions to the deadline. All materials must be submitted each year between March 15 and December 15.

a godly Father is:



Faithful, to God and family.

A ble, to discern God's will in trying times and good times.

Thankful, for all the joys and trials of life.

Happy, no matter what the life brings.

Enthusiastic, about a life lived with purpose.

ighteous, rock-solid in heart and mind, from a growing relationship with Jesus.

For these things and so many more we praise God for our Fathers, this Father's Day and always.

Safety Tips for Summer Fun in the Sun

ummertime brings long, sunny, warm days and more opportunities to be outdoors. With that comes more opportunities for injuries, many of which are preventable. The North Carolina Sheriffs' Association (NCSA) brings these summertime safety tips to our Honorary Members as a public service.

Every year in the U.S., accidents involving motorcycles, all-terrain vehicles (ATVs), bicycles, and skateboards result in more than a half-million emergency department (ED) visits. Simply wearing a helmet can reduce serious head injuries up to 80%.

Another 9,000 children end up in the ED every summer with lawn-mowing injuries. Doctors recommend children be 12 or older to operate a push mower and 16 or older for a riding mower.

While more than 70% of water recreation deaths are related to alcohol use, even non-drinkers should wear a life vest when on or near the water. Never go swimming alone and stay close enough to children to be able to reach them at any time.

When hiking, stay on designated trails and wear shoes, not sandals. Keep head, arms, and legs covered to avoid tick bites, insect stings, and rashes from poison ivy, sumac, or oak. Do not forget the sunscreen! Cover

easy-to-forget areas like the back of your neck, tips of ears, and tops of feet. Avoid sun exposure during peak hours of 10:00 a.m. to 4:00 p.m., even on cloudy days.

When grilling, do not use the same platters or utensils for uncooked and cooked meats. Keep utensils and food covered until serving time because flies, other insects, and even pets can carry germs including salmonella. Wash hands frequently or use disposable hand wipes, especially to handle food.

Finally, stay hydrated by drinking plenty of water and avoiding caffeine and alcohol, which can lead to dehydration. Supervise children on trampolines and playground equipment. Always handle fireworks in a lawful and safe manner.

Remember, most injuries are preventable, so incorporate these precautions into your daily routine. Do not let an injury bring your fun in the sun to an end this summer. No matter what activities you enjoy, make sure you and your family know what it takes to enjoy them safely.





Get Ready: The 81st General Convention







The 81st General Convention of The Episcopal Church is taking place June 23-28 in Louisville, Kentucky, and we are ready to share it with you!

The Diocese of North Carolina has compiled all the links, resources, information and more in one place, so if you keep only one link handy to follow all things General Convention, this will get you where you want to go.

All Things General Convention

You'll also find the link to our coverage page on the <u>diocesan homepage</u>, where every day we'll do our best to post the expected highlights, and (if we have them), livestream viewing times.



In partnership with St. Mark's AME Zion Church, St. Titus' is supporting Vacation Bible School programs for adults, teens, juniors, primary school, and pre-school children. Classes will be held at St. Mark's Church (531 S. Roxboro Rd.) June 24-26 from 6:30-8:30 p.m. Please contact the Parish Administrator (919-682-5504 or st.titussecretary@gmail.com) if you are interested in teaching or taking any classes. For teachers, completion of Safe Church training is required. More information to come!



June 30- St. Titus' Wellness Sunday

Today, Shining Light in Darkness is on a mission to be a trusted provider of support, skills, and resources for the underserved victims of sexual assault (SA) and domestic violence (DV) to help end violence for all. This organization has grown into a community of caring and compassionate individuals, all sharing the goal of creating a world free from sexual assault and domestic violence. **Shining Light in Darkness** carries out its mission through a comprehensive program portfolio encompassing holistic healing, education, and advocacy.

The work of Shining Light in Darkness is sparking a shift in public perception and response to issues related to sexual assault, domestic violence, and teen dating.



Titusians Out and About in June

The Pauli Murray Center for History and Social Justice hosted a celebratory reception on June 20 in honor of the issuance of the Rev. Dr. Pauli Murray Commemorative Quarter as one of the U.S. Mint's "American Women" series. Attendees enjoyed food and beverage, song and dance, and stories from those who knew and loved Pauli. The program featured Rosita Stevens-Holsey (Pauli's niece) & Beth Ione Ward in conversation with Angela Thorpe Mason, Executive Director of the Pauli Murray Center.



Titusians present include L-R Diane Hundley, Rev. Greg Jacobs, shown with Rebecca Knowe. Other Titusians present include Lew Myers, Janice Williams and Syrena Williams.

Rosita Stevens-Holsey & Beth Ione Ward In Conversation with Angela Thorpe Mason





About 2,000 people gathered at the KFC Yum! Center June 22, 2024, in downtown Louisville, KY, for a pre-General Convention revival. The 81st General Convention is taking place at the Kentucky Intenational Convention Center. Photo: Randall A. Gornowich



Titusians at General Convention:

Left Rev. Valerie Mayo presenting at the Triennial of the Daughters of the King and The Union of Black Episcopalians

Right Robyn Furges, Interim Vice President ECW Docese of North Carolina, heading the ECW Delegation

"Be You": A Special Event

Saturday, August 17 | 10 a.m. - 3 p.m. St. Mark's, Raleigh

"Be You" is a special day event for youth of color in the diocese and their families! The day is geared primarily for youth in grades 6-12, but there will also be special activities for children and parents. The day will be all about having fun and fellowship together. There will be a variety of activities like community building, awesome live music, learning about the Diocesan Youth Ministry department, playing games, enjoying food truck fare for lunch, and ending with a youth-led worship service. We will have Canon Myra Garnes, the Officer for Youth Ministry from The Episcopal Church, as our guest speaker.

The event has no cost, but everyone must register so we can plan for food and activities.



BIPOC & Latino Youth **ఆ** Family Event

Saturday, August 17, 10am-3pm St. Mark's, Raleigh

- Live Music & Activities
- Food Trucks
- Youth-led Worship
- Special Guest: Canon Myra Garnes, Officer for Youth Ministry, The Episcopal Church **国芸芸 回**
- No Cost, but Registration Required



Register



FREE bus ride to march in DC!

June 29 Bus Ride to Washington DC

Poor People's Campaign Mass Assembly & Moral March

On June 29, 2024, poor and low-wage workers from more than 30 states will be in DC to raise issues including:

- Living wages
- Voting rights
- Workers' rights
- Healthcare
- Housing
- Gun violence
- Women's rights
- · Clean air & water
- Justice for all Indigenous nations
- Public education
- Immigration laws
- · War and genocide
- · Ending hate and division



North Carolina Poor People's Campaign

NC VOTER PHOTO IDS



Saturday, June 15th, 2024 Main Library - 10 a.m. to 1 p.m.

Need a Voter Photo ID?

receive a free Voter Identification Card!

Come out to one of our upcoming community events at a Durham County Library to learn about the new photo ID requirements to vote in North Carolina and

Saturday, July 20th, 2024 North Regional Library - 2 p.m. to 5 p.m.

Saturday, August 24th, 2024 South Regional Library - 12 p.m. to 3 p.m

Saturday, September 21th, 2024 East Regional Library - 2 p.m. to 5 p.m

Saturday, October 19th, 2024 Southwest Regional Library - 10 a.m. to 1 p.m.

Saturday, November 16th, 2024

Main Library - 12 p.m. to 3 p.m

Saturday, December 14th, 2024 North Regional Library - 2 p.m. to 5 p.r



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